

# Aged Care

Lands End, Tin Can Creek  
& Black Stump

Cultural Aged Care operates  
Aged Care Services in the  
above three locations.

We are not limited just to these  
communities and can also help  
people living in nearby  
outstations.

We may also be able to  
continue to help you if you  
move from one location to  
another, even if this is outside  
our normal operational area as  
we can work with other  
organisations to make sure  
your help continues.

Please contact the Head Office  
number if you would like to  
know more about aged care  
support in other areas.



Talk to us at the Aged Care  
Centre if you want to know  
more.

You can also call us on the  
phone

Lands End Aged Care

08 8900 0000

Cultural Aged Care

Head Office

08 8910 0000



## Cultural Aged Care

52A Rugby St, Lands End

## HELP TO STAY AT HOME



## Land End

### Aged Care Service



# Help to stay at Home

Do you need some help to stay living at home or on country?

The Lands End Aged Care Service can help you with meals, personal care, laundry, activities and transport.

We can also help you talk to other organisations to get the support you need, like the local clinic, Carer Respite, Centrelink or the Council.



## Consumer Directed Care

We recognise that family are the most important people involved in looking after an old person.

We aim to help families by providing quality care and support for the old person.

We don't want to make older people weak or make the family feel unimportant so we only do things that they cannot do any more.

We also make sure that what we do helps to keep the old person strong, in their body, their mind and their spirit

Our support is provided on a Consumer Directed Care basis, this means we listen to the old person and their family and try to give them the help they need in a way that suits them.

## How Do I Get Aged Care Help?

People who want to get Aged Care help need to be assessed by My Aged Care and referred to our service.

When you talk to My Aged Care you can tell the person you want to get your help from Lands End Aged Care, this might make your referral faster and mean you get help sooner.

You can call My Aged Care on

1800 200 422

or we can contact My Aged Care for you.

Aged Care is not a free service; you have to pay for the help that you get from us. The amount you will pay depends on the sort of help you choose.